

During the Local Control & Accountability Plan (LCAP) process, input is gathered from parents, students and other stakeholders to determine the district’s goals, actions and expenditures. Through this process an overwhelming support was indicated in the area of social and emotional learning (SEL). Due to this, as you may already be aware, Saddleback Valley Unified School District has developed a district wide focus on social-emotional learning. A growing body of research shows that social and emotional learning is fundamental to students’ overall success. It is the process through which students manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. Below are some examples of sample questions that can be found in for each domain of the survey.

**Sample Questions:**

Self-Efficacy: *How much students believe they can succeed in achieving academic outcomes*

- *Example Question: "When complicated ideas are presented in class, how confident are you that you can understand them?"*

Not at all sure     Slightly sure     Somewhat sure     Quite sure     Extremely sure

Self-Management: *How well students manage their emotions, thoughts, and behaviors in different situations*

- *Example Question: "In the past 30 days, how often did you come to class prepared?"*

Almost Never     Once in a while     Somewhat carefully     Quite Carefully     Extremely carefully

Social Awareness: *How well students consider the perspectives of others and empathize with them*

- *Example Question: "In the past 30 days, how carefully did you listen to others' points of view?"*

Not at all carefully     Slightly carefully     Sometimes     Frequently     Almost all the time

Engagement: *How attentive and invested students are in your class*

- *Example Question: "How often do you get so focused on classroom activities that you lose track of time?"*  
**(Note: we do not store or share individual student data for this topic)**

Almost Never     Once in a while     Sometimes     Frequently     Almost all the time

Sense of Belonging: *How much students feel they are valued members of the school community*

- *Example Question: "How connected do you feel to adults at your school?"*  
**(Note: we do not store or share individual student data for this topic)**

Not at all connected     Slightly connected     Somewhat connected     Quite connected     Extremely connected