

**HIGH SCHOOL
ATHLETIC TRAINER**

DEFINITION:

Under the direction of the Principal and the Athletic Director, organizes and maintains a high school athletic training facility, provides a wide range of prevention and treatment services for student-athlete injuries, rehabilitation, evaluation, reconditioning, education, and guidance; and performs related work as required.

ESSENTIAL DUTIES AND RESPONSIBILITIES:

- Develop plans for providing athletic training coverage at all interscholastic athletic events in coordination with site athletic leadership.
- Establish and maintain a budget for athletic training supplies/equipment.
- Establish daily hours of operation for the athletic training facility.
- Establish a working relationship with a designated team physician and community physicians.
- Establish a working relationship with school nursing staff.
- Provide assistance to students in the prevention of athletic injuries; tape and wrap athletes to prevent injury or re-injury; supply and assist students with straps, braces, and other adaptive equipment to assist with prevention or treatment of injury.
- Identify, evaluate, and provide immediate first aid in response to athletic injuries; administer emergency first aid as necessary.
- Develop and implement individualized rehabilitation and reconditioning programs for injured students; assist students with specialized therapeutic exercises; perform demonstrations of proper exercise techniques and problems.
- Operate a variety of first aid and adaptive equipment.
- Maintain appropriate records on all injuries, treatments administered, physician's diagnosis, treatment plans, prescriptions, physical examination reports, medical history forms, accident reports, and insurance forms; provides reports to coaches on injuries, medical reports, and treatment plans for athletes under treatment, as required.
- Maintain a clean, safe, and orderly work environment.
- Recommend, requisition, and order protective equipment and supplies following consultation with the Athletic Director and coaches.
- Plan, organize, and coordinate the transportation and care of athletic safety equipment and supplies for off-campus athletic events.
- Plan, organize, and coordinate in-service programs for coaching staff and others involved in the athletic program to renew or obtain first aid, CPR, and AED certifications.
- Adhere to all Health Insurance Portability and Accountability Act (HIPAA) regulations regarding confidential student information.
- Perform related duties as assigned.

QUALIFICATIONS:**Knowledge of:**

Apply knowledge and best practices regarding the assessment, treatment, rehabilitation and return to play decisions per state licensure guidelines; organize, prioritize, think critically and make independent decisions with minimal supervision; maintain thorough and detailed records with documentation; communicate effectively, both orally and in writing; establish and maintain effective working relationships.

Ability to:

Apply knowledge and best practices regarding the assessment, treatment, rehabilitation and return to play decisions per state licensure guidelines; organize, prioritize, think critically and make independent decisions with minimal supervision; maintain thorough and detailed records with documentation; communicate effectively, both orally and in writing; establish and maintain effective working relationships.

Experience:

A minimum of three years experience that has provided the applicant with the knowledge and abilities listed above. High school experience, preferred.

Education:

Bachelor's Degree required; Master's Degree from an accredited college or university, preferred.

Physical Performance Requirements:

Sitting or standing for extended periods of time, walking, bending, stooping, squatting and twisting. Lifting of supplies and other work related materials occasionally involved. Weight of materials will vary, but generally be of less than 40 pounds. Indoor and outdoor work environment with evening and/or variable hours.

Licenses/Credentials:

- Possession of a valid First Aid, CPR, and AED certificate issued by an authorized agency
- Possession of a valid Athletic Trainer certificate issued by the National Athletic Trainer Association
- Possession of a valid California driver's license
- Instructor certification to teach First Aid, CPR, and AED certification courses, preferred.

Board Approved: May 11, 2023