

INSTRUCTOR/LIFEGUARD I

DEFINITION

Under supervision, assist in the supervision of the pool, pool deck and locker room area; responsible for the safety of patrons and the facility; and perform other duties as required.

EXAMPLES OF DUTIES

Responsible for the pool and pool deck; enforce safety and facility regulations; maintain a high level of physical and mental fitness; assist in swimming and diving classes; lifeguard and patrol deck and locker rooms during recreation swim sessions; and responsible for safety of recreation program participants.

QUALIFICATIONS

Knowledge of

Programs offered by the Recreation and Community Services Department, Recreation Division policies and procedures; aquatic program policies and procedures; and lifesaving techniques.

Ability to

Coordinate the pool and pool deck; use good judgment, discretion and initiative; react appropriately in emergency situations; maintain and establish cooperative working relationships; carry out oral and written instructions; assist with supervision of program participants; and assist swimming and/or diving classes as required.

Certificates

Must maintain current Lifeguard Certificate; current First Aid and CPR card.

Experience

Equivalent to one year of swimming experience.

Education

Equivalent to completion of the ninth grade.

Physical Performance Requirements

Swimming, standing or walking much of the time with frequent bending, stooping, squatting and twisting. Ability to perform water rescues (involving swimming and assisting another individual at a distance of 50 yards) is essential. May be required to lift an adult or child out of the water onto the pool deck. The physical activities that may be performed on a daily basis include, but are not limited to, set-up and breakdown of equipment required for lessons and recreational swim.

Licenses

Possession of a valid California Driver's License, if required.

Board Approved: October 9, 1990
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