

FOOD SERVICE ASSISTANT - CAFE

DEFINITION

Under general supervision, to prepare, cook and help serve a variety of main dishes and other cooked foods in varying quantities; assist in cleaning kitchen surfaces and equipment; and perform other work as required.

EXAMPLES OF DUTIES

Prepare, cook and season food items; read recipes, labels and instructions; help check recipes and estimate quantities of supplies needed; mix, slice, grind, chop, cut, bread, grate and mash foods to meet desired standards; heat and cook food; prepare food for transport to another site; participate in setting up and serving foods to customers; maintain food service areas, facilities and equipment in a clean and sanitary condition; store equipment and food; operate computerized point-of-sale equipment or cash register and make change; assist in menu preparation; expedite customer flow, ensuring proper plate presentation and order accuracy. May supervise a student helper; may lead a cook assistant; may participate in preparations for catering functions.

QUALIFICATIONS

Knowledge of

Food preparation methods including baking, cooking, mixing, measuring, assembling food and ingredients; procedures and equipment used in the preparation, cooking and serving of a variety of foods; serving and selling food; inventory record keeping and ordering; basic food service sanitation; simple arithmetical calculations.

Ability to

Make accurate calculations to alter the number of servings provided by various recipes; use common institutional kitchen equipment and tools safely and effectively; cook meats properly in varying quantities; follow standard recipes and use specified ingredients; evaluate available options and make reasonable substitutions or variations in standard recipes; coordinate a variety of cooking activities to meet time schedules; evaluate taste and appearance of foods; understand and carry out oral and written instructions; establish and maintain cooperative working relationships.

Experience

Two years of experience in food preparation and service which has provided the applicant with the knowledge and abilities listed above.

Education

Equivalent to completion of the twelfth grade.

Physical Performance Requirements

Frequent lifting and maneuvering of up to 25 to 50 pounds, with occasional lifting and maneuvering of up to 75 pounds with assistance. Frequent standing or walking much of the time with twisting, bending, stooping, squatting also required.

Licenses

Possession of a valid and appropriate California Driver's License, if required.

Board Approved: December 10, 2002 effective January 1, 2003