### **Mental Wellness Counselor**

#### **DEFINITION**

Under the direction of the Director of Student Services, utilizing leadership, advocacy, and collaboration, the Mental Wellness Counselor promotes student success, provides prevention services, and responds to identified student needs by implementing a comprehensive student mental wellness program that addresses academics, attendance, behavior, social emotional wellbeing, crisis intervention, family involvement and promoting healthy choices for students.

### **ESSENTIAL DUTIES AND RESPONSIBILITIES**

- Consult and collaborate effectively with parents/guardians, teachers, administrators and other educational/community resources regarding students with identified needs.
- Support and assist families in overcoming social and emotional learning (SEL) related barriers to school involvement and education success.
- Provide and assist in delivering Tier I and Tier II activities within Multi-Tiered System of Support (MTSS) SEL framework.
- Provide individual, structured counseling through district established referral process.
- Maintain counseling logs, treatment notes, and other required paperwork.
- Participate as a leader in the District's Crisis Response Team.
- Collect and analyze data to support Mental Health/Wellness program goals.
- Prepare and distribute reports and correspondence with parents and outside agencies.
- Facilitate and support substance abuse prevention and early intervention programs.
- Monitor student academic performance, behavior and attendance and assist with appropriate interventions as it relates to student mental health/wellness.
- Participate as a member 504 and Student Success Team (SST) meetings as appropriate.
- Promote school safety activities related to prevention and crisis response.
- Provide parent involvement and parent education activities.
- Provide agency referrals and linkages to outside community organizations.
- Adhere to laws, policies, procedures, and ethical standards of the social work profession.
- May provide intern supervision.
- Other duties may be assigned.

## **SECONDARY DUTIES AND RESPONSIBILITIES**

- Participate as a member of Individualized Education Plan (IEP) meetings as appropriate.
- Assist in conducting truancy response interventions including community outreach and home visits as it relates to student mental health/wellness

## **QUALIFICATIONS**

# Knowledge of:

Excellent interpersonal communication skills, computer skills to include Microsoft Word and Excel.

#### Ability to:

Work with a diverse student and community population including various ethnic, cultural and economic backgrounds to include homeless families; work well as part of school and district teams such as student study team, crisis team, behavior team and case management teams.

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### Experience:

All required fieldwork/internship or full-time school counselor or school psychologist experience desirable; classroom teaching, school psychologist work, or counseling at the elementary or secondary level desirable. Ability to speak and write fluently in Spanish is highly desirable.

## **Education:**

Master's Degree in Social Work, Mental Health, Counseling or a related field.

# **Licenses/Credentials:**

Possession of a valid California Pupil Personnel Services Credential (PPS); Marriage and Family Therapists (MFT) Certificate, Licensed Professional Counseling Certificate (LPCC), Licensed Clinical Social Worker (LCSW) Certificate, or Marriage and Family Therapist intern preferred. Possession of a valid California driver license.

### **Physical Performance Requirements**

Frequently exert up to 50 points of force to lift, carry, push, pull or otherwise move objects and/or children. This type of work involves sitting, standing, walking, bending and stooping from brief periods of time to lengthy periods of time.

Board Approved: May 6, 2021