



**Board of Education**

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**THE CALIFORNIA HEALTHY YOUTH ACT (EDUCATION CODE 51930-51939)  
COMPREHENSIVE SEXUAL HEALTH AND HIV PREVENTION EDUCATION**

Dear Parent/Guardian:

California state law, the California Healthy Youth Act, requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school, starting in grade 7.

Instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate and inclusive of all students. It must include the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment.
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about value of delaying sexual activity.
- Discussion about social views of HIV and AIDS.
- Information about accessing resources for sexual and reproductive health care.
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law.
- Information about sexual orientation and gender, including the harm of negative gender stereotypes.
- Information about healthy relationships and avoiding unhealthy behaviors and situations.

You may request a copy of the California Healthy Youth Act (California Education Code Sections 51930-51939) at <https://www.cde.ca.gov/ls/he/se/>.

State law allows you to remove your student from this instruction. You have the right to request, in writing, that your child not attend all or part of the instruction in sexual health education and HIV/AIDS prevention. You may request this any time by writing to the school principal. You also have the right to inspect and review the materials used in these classes prior to the start of classes.

Sincerely,

A handwritten signature in blue ink that reads "Liza Zielasko". The signature is written in a cursive, flowing style.

Liza Zielasko  
Assistant Superintendent, Educational Services