



**Board of Education**

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**Superintendent**

Dear Parent/Guardian,

As you may already be aware, Saddleback Valley Unified School District has developed a district wide focus on social- emotional learning. A growing body of research shows that social and emotional learning is fundamental to students' overall success. Social-emotional learning (SEL) is about helping students develop a range of skills they need for school and life. It is the process through which students manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

During the fall and spring, 3<sup>rd</sup>-12<sup>th</sup> grade students at Saddleback Valley Unified School District will participate in a brief survey to better understand these concepts and to reflect on their skill sets. The survey content will ask students to self-reflect on how much they believe they can succeed in achieving academic outcomes in specific subjects (Self- Efficacy), how well they manage their emotions, thoughts, and behaviors in different situations (Self-Management), and how well they consider the perspectives of others and empathize with them (Social Awareness). Additionally, students will be asked to answer questions about how attentive and invested they are in school (Engagement) and how much they feel that they are valued members of the school community (Sense of Belonging).

We are asking that all of our students participate in the survey, as their feedback will provide invaluable insights into their experiences and how to improve and adapt our district to their needs. If a student doesn't feel like they have enough information to answer a question, they will be able to skip the item altogether. The responses to these surveys will be completely confidential. We are partnering with a third-party vendor to support us in administering these surveys and all privacy laws will be enforced. The information gathered will be exclusively used by SVUSD only.

We thank you in advance for your thoughtful responses. If you have any questions about the survey administration, please don't hesitate to contact your school principal. If you would like your child to opt out of taking the surveys please notify us by filling in your name and your child's name below and returning it to your school principal by **September 11, 2020**.

Sincerely,

Liza Zielasko  
Assistant Superintendent, Educational Services

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## SVUSD Social-Emotional Learning Survey

*I **do not** want my student to participate in the survey.*

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

School Name: \_\_\_\_\_

Parent / Guardian Name: \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_