



Laguna Hills High School

**Class of 2024
Senior Parent Night**

**Hosted by
LHHS Guidance Department**

Meet the Guidance Department

Mr. Vinagupta: Assistant Principal of Guidance and Curriculum

Ms. Le: Guidance Secretary

School Counselors:

Mr. Sango: Last Names A-D murle.sango@svusd.org

Ms. Guevara: Last Names E-La genesis.guevara@svusd.org

Mrs. McClure: Last Names Le-Ra julie.mcclure@svusd.org

Mr. Van Dyke: Last Names Re-Z joshua.vandyke@svusd.org

Guidance Technicians:

Mrs. Kennedy: Last Names A-Gn rina.kennedy@svusd.org

Ms. Doyle: Last Names Go-Pe meghan.doyle@svusd.org


Mrs. Breshears: Last Names Pe-Z heather.breshears@svusd.org

Updates...

- ❖ **School counselors will be in the Senior English classes tomorrow, 9/13 - each student will receive a copy of their transcript**
- ❖ **Starting Monday, 9/18, School counselors will meet individually with each Senior to discuss their post-secondary plans**
- ❖ **Future Ready Event on Thursday, 10/26**
 - **All Seniors will attend a college application workshop: UC/CSU/Common App/Community College**
 - **Representative from local colleges/universities will be on hand to help students**

LHHS Guidance Google Site

LHHS Counselor Corner



Laguna Hills
High School

LHHS COUNSELOR CORNER

LHHS Guidance Google Site

September 2023

Welcome back Hawks!

We hope that you have had a great start to the 2023-2024 school year.

We would like to announce the arrival of our new School Counselor, Ms. Genesis Guevara. Ms. Guevara comes to us from Mater Dei High School and she is extremely happy to join the Hawk Team! A couple of her favorite things are coffee, soccer, exercising, podcasts, and a relaxing sunny day. Welcome Ms. Guevara!

As School Counselors, we are here to support your students in college and career planning, in their social/emotional development, and in navigating the wonderful world of high school. Please encourage your student to connect with their School Counselor if they have any questions/concerns. Here is our contact information:

[Mr. Sango](#) (Last names: A - D)

[Ms. Guevara](#) (Last names: E - LA)

[Mrs. McClure](#) (Last names: LE - RA)

High School Graduation Requirements

Students must:

- Complete 220 credits (165 required credits/55 elective credits)**
- Complete 8 hours of community service**
 - ◆ Forms are available in guidance**
 - ◆ Must be a non-profit organization**
 - ◆ Non-completion of hours can affect senior activities**
 - ◆ Forms are due to the guidance office by Friday, December 22nd**

Post-High School Options

- Military: Mr. Sango has the contact info for all of the different branches

- ❖ ASVAB aptitude test will be given in Dec. All students are encouraged to take the ASVAB if they have not yet done so.

- Work or Gap Year

- College:

- Community College
 - Trade/Technical School
 - 4-Year College

CSU's, UC's, out of state public, private



College and Career Exploration



CALIFORNIA
COLLEGES.edu
DISCOVER. PLAN. LAUNCH.

College Career Financial Aid

Welcome

CaliforniaColleges.edu provides students with an **all-inclusive guide for their college & career paths & enables educators to track their progress.**

Community College

- ❖ **Must be 18 years old or a high school graduate**
- ❖ **SAT/ACT is not required**
- ❖ **Certificate Programs:** specific occupational program that prepares students for entry level positions in that occupation.
Approx. 1 - 2 years in length
- ❖ **Associate Degree:** Degree earned after 60 college credits, including general education courses and major courses with a 2.0 GPA
- ❖ **Transfer program:** students complete 60 transferable lower division units and transfer to a 4-year university
- ❖ **Honors program**

Career Certificate Programs

Example Career Certificate Programs

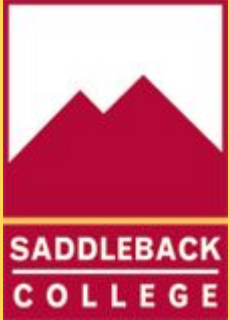
- Welding
- Cosmetology/Esthetician
- Advanced Culinary Arts
- Registered Nurse
- Fashion Design
- Automotive Technology

[Google Certificate Programs](#)

- IT Support
- Project Management
- Data Analytics

[Amazon Certificate Programs](#)

Saddleback College



Saddleback College Counselor on LHHS Campus

- ❖ Elisa Manese (Former LHHS Administrator)
- ❖ Appointments available Thursdays between 9:00am - 1:00pm
- ❖ Library Computer Lab
- ❖ Schedule an appointment [here](#).

Saddleback College

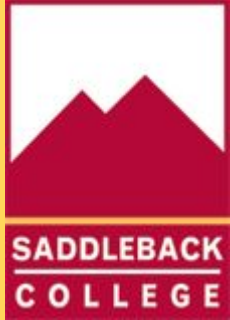


COUNSELING 100 CLASS Offered on LHHS Campus

- ❖ Transferable to CSU
- ❖ 1.5 unit college success class for seniors only
- ❖ Students earn 5 elective credits at LHHS
- ❖ Taught by Mrs. Manese (Saddleback College Counselor)
- ❖ Scan QR code to complete the interest form



Saddleback College



PROMISE PROGRAM

Promise Program Current Criteria:

- ❖ Complete FAFSA or Dream Act Application
- ❖ Complete Saddleback Application/Matriculation Process
- ❖ Free tuition for 2 years
- ❖ \$500 for books
- ❖ Free Material & Field Study fees
- ❖ Incidentals \$100

Interest List available at [Saddleback.edu](https://www.saddleback.edu)

*Please visit your high school guidance office for specific requirements/benefits as they are subject to change for Senior Class of 2024.

University of California

UNIVERSITY
OF
CALIFORNIA

Already have an account?

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Nine campuses. One application.








Welcome to the University of California's application for undergraduate admissions and scholarships. By starting your application, you're taking your first step toward the best public university system in the world.

[Create an account](#)



A – G Requirements

University of California and Cal State University

A	HISTORY 2 years required	
B	ENGLISH 4 years required	
C	MATHEMATICS 3 years required through Algebra 2	
D	LAB SCIENCES 2 years required/ 3 recommended	
E	WORLD LANGUAGES 2 years required/ 3 recommended	
F	VISUAL/PERFORM ARTS 1 year required	
G	COLLEGE PREP ELECTIVE 1 year required	

Grades of "C" or higher are required for all A – G courses

University of California

- ❖ Apply online: [UC Application](#)
- ❖ Application is accessible for students NOW
- ❖ Students can submit application between October 1st - November 30th
- ❖ One application for all 9 campuses
- ❖ \$80 application fee per campus
- ❖ ACT/SAT test scores will NOT be a considered for admissions purposes
- ❖ 3.0 Minimum GPA

University of California

Comprehensive Review Process (13 Criteria):

- GPA
- # of Courses Completed/
Planned
- Honors/AP/IB Courses
- Top 9% Local Context (ELC)
- Quality of Senior-Year Classes
- Quality of Academic
Performance
- Performance in Academic
Subject Areas
- Outstanding Academic
Accomplishments
- Improvement in Academic
Performance
- Special Talents, Achievements,
and awards
- Special Projects
- Overcoming Special
Circumstances
- Location of High School

University of California

We DO NOT:

Request transcripts with your UC Application

Conduct interviews

Accept letters of recommendation (unless requested)

We DO:

Request final transcripts AFTER a student is admitted and enrolled

Transcripts must include high school graduation date and senior year grades

- Must include ALL reported coursework

UC DAVIS

UC RIVERSIDE
UNIVERSITY OF CALIFORNIA

UC SANTA CRUZ

Berkeley
UNIVERSITY OF CALIFORNIA

UC IRVINE

UCLA



UCSD

UCSB

UCMERCED

Personal Insight Questions

- ❖ Purpose of personal insight questions (PIQ) is to learn about the applicant!
- ❖ 8 PIQ's for students to choose from. Students will select 4 out of the 8
- ❖ All questions have equal value
- ❖ Each response is limited to 350 words or less
- ❖ Looking for:
 - Context: richer perspective of student's life experiences and/or accomplishments
 - Clarity: sharing details about student's school or community
 - Depth: details into explaining application (academics or extracurricular activities) that help university better understand student's environment

Personal Insight Questions

Students should:

- ❖ demonstrate growth
- ❖ connect experience back to being a student
- ❖ provide insight and context
- ❖ use “I” statements
- ❖ answer the question as if they are in an interview
- ❖ ensure that it is their own words/voice - must sign an integrity statement

Resources:

- ❖ [PIQ Tutorial](#)
- ❖ [UCSB Virtual Admissions Events](#)

University of California

	Admit Rate %	Weighted/Capped GPA	Applications Received
Berkeley	11.6%	4.15 - 4.29	125,910
Davis	41.8%	4.03 - 4.27	94,635
Irvine	25.7%	4.07 - 4.28	121,095
Los Angeles	8.8%	4.20 - 4.31	145,904
Merced	88.3%	3.48 - 4.08	27,184
Riverside	70.3%	3.76 - 4.18	56,938
San Diego	24.7%	4.11 - 4.29	130,841
Santa Barbara	27.9%	4.13 - 4.29	110,876
Santa Cruz	62.7%	3.86 - 4.22	68,821

California State Universities



California State Universities

- Admissions is determined by high school graduation, a-g completion, and 2.5 GPA
- GPA is based on 10th and 11th grade grades
- ACT/SAT test scores are not a factor for admissions
- Priority admission to local area students: Fullerton and San Marcos are our local area schools
- Supplemental factors may be used for impacted campuses/programs

- Apply online: [Cal State Apply](https://calstateapply.com) or launch through [Californiacolleges.edu](https://californiacolleges.edu) for pre-populated courses
- \$70 application fee per campus
- Filling period: Oct. 1st - Nov. 30th
- *some campuses may have a later application deadline

California State Universities

- No letters of recommendation or essays/personal questions
- Do not consider extracurricular activities
- Cal Poly San Luis Obispo uses a Multi-Criteria

Admissions Criteria:

- 9th- 11th GPA
- Extracurricular activities and work experience
- Major
- GPA

Western Undergraduate Exchange (WUE)



- ❖ A membership of 15 states whose goal is to improve access to higher education and ensure student success.



- ❖ Members include: Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Utah, Washington, Wyoming



- ❖ Students are eligible for reduced tuition (average savings \$9000/year)



- ❖ wue.wiche.edu for a list of universities
- ❖ Popular WUE Schools from Class of 2021: NAU, Colorado State, Boise State, Utah



Private/ Out of State Universities

- ❖ Application deadlines and requirements vary by institution
- ❖ Early Decision:
 - Apply early, find out early
 - Binding
 - May only apply to one university during ED or EA cycle
- ❖ Early Action:
 - Apply early, find out early
 - Non-binding
 - Can apply to as many universities as you want unless it is “Single Choice Early Action” or “Restrictive Early Action”
- ❖ EA and ED applications typically due November 1st
- ❖ Most private universities and several out of state universities use the [Common App](#)

Common App



EXPLORE

PLAN

APPLY

Counselors and recommenders ▾

Members ▾



Log in

Create an Account

Your future starts here

Whether you're applying to college for the first time or looking to complete your degree, Common App will help you reach new heights.

Apply now

- ❖ Students complete one application for colleges that use common app
- ❖ Over 900 universities are on common app
- ❖ Requires a school report to be completed by counselor/administrator and letters of recommendation

<https://www.commonapp.org/>

SAT/ACT Fall Test Dates for Seniors

Fall 2023 SAT Test Dates

October 5, 2023

November 2, 2023

December 7, 2023

Fall 2023 ACT Test Dates

October 28, 2023

December 9, 2023

Letter of Recommendation

- ❖ Letter of recommendation packet can be found on the LHHS website under the guidance tab
- ❖ Most private and/or out-of-state universities will require a letter from a counselor/administrator and one from a teacher
- ❖ Timeline to request letters of recommendation:
 - October 2nd: November and December deadlines (please reach out to your counselor ASAP if you are not able to submit by the Oct. deadline)
 - November 5th: January or later deadlines
 - Link to the [Letter of Rec. Packet](#)

Letter of Recommendation

Students with last names:

A - D Mr. Sango murle.sango@svusd.org

E - LA Ms. Guevara genesis.guevara@svusd.org

LE - RA Mrs. McClure julie.mcclure@svusd.org

RE - Z Mr. Van Dyke joshua.vandyke@svusd.org

Make sure to use the above email addresses when inviting the recommender on Common App

How to Order a Transcript



WHAT IS PARCHMENT?

Parchment

The simple online way to **Request, Send, and Store Transcripts**.
Including powerful tools to research colleges and find the right fit for you.

Request & Send Transcripts

Step 1: Log in or Register



1. Sign in at www.parchment.com
2. Click **Sign Up** to log in or register your account

Step 2: Add your school to your Profile



1. Click Get Started
2. Add your High School

Step 3: Add Destinations



1. Select Destinations such as colleges, NCAA, Common Application, or yourself
2. Review Destinations

Step 4: Provide Consent



1. Complete the waiver form.
2. Complete the Transcript Authorization form by eSigning

Step 5: Payment



1. Provide debit/credit card payment if there are any fees

Step 6: Track Order



1. The status of your request will be emailed and updated in your Parchment.com Account

More than 3 Million students use
Parchment to send Transcripts

Turn Credentials into Opportunities.



Transcripts and Test Scores

- ❖ Transcripts are ordered on [Parchment.com](https://www.parchment.com)
 - See Ms. Le in Guidance Office for help
- ❖ If applying through Common App, only one transcript needs to be ordered to Common App
- ❖ UC/CSU do not need transcripts unless specifically requested
- ❖ If students have taken courses at the community college, an official transcript needs to be ordered from every school attended
- ❖ Mid-year transcripts need to be requested after the end of the 1st semester
- ❖ Students need to release their test scores to the universities (SAT: collegeboard.org ACT: ACTStudent.org)

College Fair/Rep Visits

2023 SVUSD College Fair

Mission Viejo High School

October 11, 2023

6:00 PM – 8:30 PM

[SVUSD College Fair](#)

Meet representatives from over 100 Colleges and Universities

LHHS will also be hosting College Reps on campus

All visits are posted on our website under the “Guidance” tab

[College Visit Schedule](#)

How to Pay For College

Grants – Grants are money awarded to students often based on financial need to help pay for college expenses. They typically come from the state government (Cal Grant), federal government (Pell Grant), non-profit organizations, and schools. **Grants do not need to be paid back.**

Scholarships – A scholarship is money specifically designated for education-related expenses. Qualification for scholarships depends on the individual scholarship program and awards can be based on merit, talent, or academic performance. **Scholarships do not need to be paid back.**

Loans - A loan is money that you borrow with the expectation that **you will pay it back**, within a deadline laid out by your lender.

Work Study - Federal work study provides part-time jobs for undergraduate and graduate students with **financial** need, allowing them to earn money to help pay education expenses.

Financial Aid

FAFSA – (Free Application for Federal Student Aid):

All students should complete FAFSA

Step 1: Apply for [FSA ID](#)

Step 2: Complete the [FAFSA](#) Application

2022 Tax Information

Application opens December 2023



Cal Grant – Must file [FAFSA](#) to be considered:

Need based

All students GPAs will be automatically sent to the [California Student Aid Commission \(CASC\)](#) to determine Cal Grant GPA eligibility (unless you opt-out)

Must complete FAFSA by April 2, 2024

For more info visit [CSAC](#)

College Based Aid – Must file [FAFSA](#) to be considered:

Check the website of the college/university you are applying to for school based grants, scholarship opportunities, and work study programs

Scholarships

Students are encouraged to register for one or more scholarship directories to help elevate and manage their scholarship search. Scholarships are money to help pay for college that does not need to be paid back. Click on the links listed below and register today!

[The Big Future](#)

[Cappex](#)

[Fast Web](#)

[Fin Aid](#)

[Going Merry](#)

[Unigo](#)

[Scholarships.com](#)

[Sallie Mae Paying for College Resources](#)

Local Scholarships (PTSA, LHHS Alumni, and others) will be available on the [LHHS Guidance website](#) in early 2024. Check the website regularly or contact [Mr. Van Dyke](#) with any questions.

Miscellaneous

- ❖ **Workshop Wednesday**
 - **Wednesday, October 4th through November**
 - **Career Center at Tutorial**
- ❖ **Tutoring at Tutorial**
 - **Tuesday & Thursday**
 - **Bilingual tutoring available**
- ❖ **Free Online Tutoring from the [State of California - Help Now](#)**
 - **24/7 for Math/Science**
 - **Writing Workshop**
 - **Help with homework**

Mental Wellness

We know that in today's environment, there are elevated stress levels with our students and families. The SVUSD website has several resources to help support student well-being.

Visit the [SVUSD Mental Health Resource Webpage](#) for more information and links to resources.

