

# School Counseling Program

Hello ETHS! We are excited to share with you all the wonderful activities and interventions the ETHS Counselors implemented and maintained during the school year.



#### **Core Curriculum for Freshman**

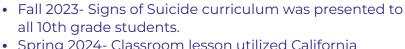


- Reviewed SVUSD Graduation requirements
- Preparing for college: A-G requirements, Post High School options, & checklist
- How to be successful in high school
- Respect for self and others
- Mindful Map for high school

5.2% increase in students understanding that attendance contributes to academic & personal success.



## Core Curriculum for Sophomores





- 77.6% of Sophomore students now know a career they want to pursue
- Failure vs. Grit and Resilience





### **Core Curriculum for Juniors**





- Post High School options and requirements.
- Future Ready California preparation

There was an increase, 59.9% to 83.5%, of students who felt they had a better idea of at least one career they are interested in.



#### Core Curriculum for Seniors

- Reviewed SVUSD Graduation RequirementsCollege list finalization
- College list finalizationFAFSA/Dream Act information
- College Applications & Requirements: Common App,
- UC/Cal States, and Community Colleges
   Letters of Recommendation
- Letters of Recommendation
  469 seniors completed the Senior Survey. Over 350
- Senior Awards were presented & students received over \$2,751,688!



#### **Guidance Activities**



- Family Nights For each grade level, information is provided to families that will help them support their student during their time at ETHS. Over 600 parents attended these in-person presentations.
   Future Ready CA We hosted our 2nd annual 2-day event. 92.63 % of our
- seniors completed an application for their post-secondary pursuit.

   Mandatorial Academic Support for seniors who were failing classes.
- Mental Health Fair Our 2nd Annual Mental Health Fair was a huge success. Over 150 students attended the fair during Tutorial. 15 student
- groups and 11 agencies participated and provided resources.

   Future Ready Thursdays In Fall 2022, over 22 post high school options visited our campus to network with students. Counselors presented
- workshops on various topics (e.g., college and financial aid application support). Over 180 students participated.
   PSAT/PACT Testing opportunities 147 students took the PSAT & 105 took the PACT

#### New Programs & Practices

- Satisfaction of students when they leave is 4.6 out of 5
  15% Students reported at check in that they had high intensity
  - negative thoughts when checking out that decreased to 6 %.

• Mental Wellness rETreat - A safe space for students to relax.

- negative thoughts when checking out that decreased to 6 %.

  That is a 9% decrease!

  News You Can Use Bulletin Board Advertised important

  Guidance announcements, plus outside resources and information
- to support our Chargers.

   Wellness Wednesdays Various workshops available to students during tutorial in the rETreat.



during tutorial in the rETreat.

Small group interventions - Established a 6-session intervention for students struggling with grief.